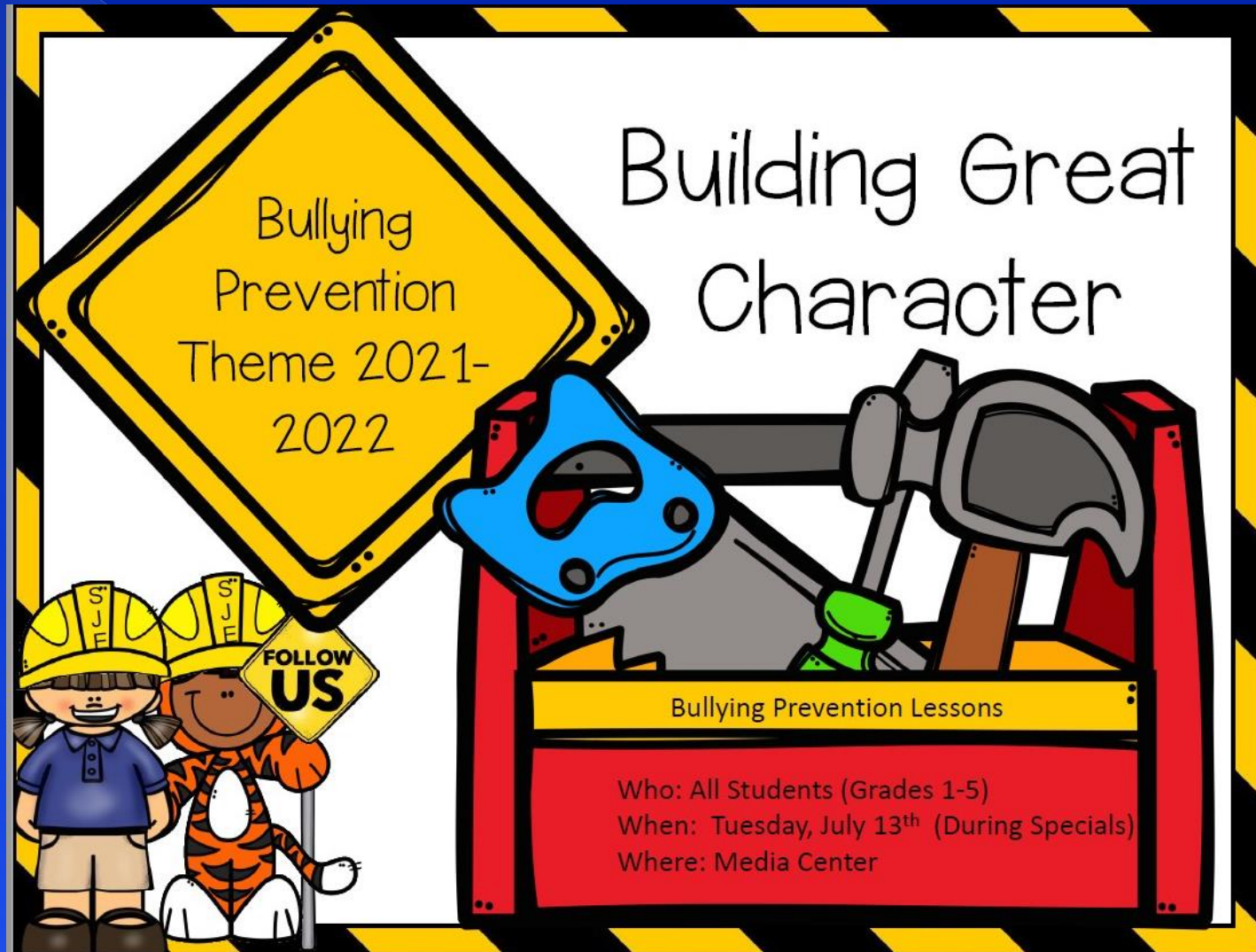


Bullying Prevention & Internet Safety



Sallie Jones Elementary

Bullying Prevention Theme



SCHOOL WIDE EXPECTATIONS

We are

Responsible,

Optimistic,

Attentive, &

Respectful

Leaders!

Let me see you
R.O.A.R!



Definition of Bullying/Harassment

- Bullying/Harassment means physically, verbally or emotionally hurting someone on purpose. It is unwanted and repeated.



BE A BUDDY, NOT A BULLY!



- BULLY

- VICTIM

- BYSTANDER OR UPSTANDER



WHO ARE BULLIES?

Anyone can be a bully, including a stranger, a friend, a brother or sister, a young adult.

Some examples of bullying include:

- Calling names
- Teasing
- Pushing or shoving
- Hitting, kicking or attacking
- Spreading rumors or gossip
- Ignoring someone to make him or her feel left out
- Forcing others to hand over possessions or money
- Attacking others because of their beliefs, religion or race

Bullies are people with real problems, such as:

- ⦿ Feelings of not fitting in
- ⦿ Problems at home, including divorce and abuse
- ⦿ Being bullied by parents, older siblings or others
- ⦿ Fear of being picked on
- ⦿ Wanting to seem tough and invincible
- ⦿ Feelings of anger, pain and low self-worth

Characteristics of Bullying

RIP

Repeated
Imbalance of Power
Purposeful

What Is Normal Conflict?

- Can we disagree with our friends?
- When does normal conflict become bullying?



Topics People Tease About:

- Skin Color
- Religion
- Way They Live
- Family
- Walk, talk, dress
- Where you live
- Grades
- Choice of Friends



What should students do if they are bullied?

- ◉ Say something to an adult
- ◉ Ask for help
- ◉ Find a friend
- ◉ Exit the area



HOW TO BE A FRIEND



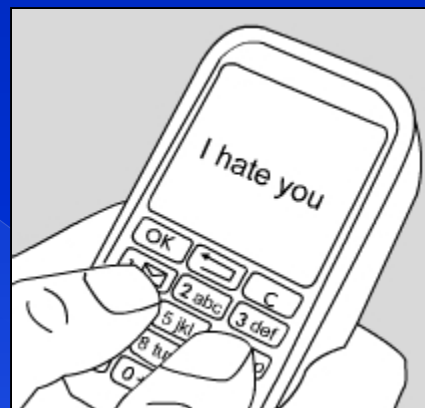
- Refuse to join in
- Never fight the bully
- Get others to help you speak out against the bullying
- Report all bullying to administration

Ways For Students To Report

- Verbal Reports to Any Adult
- Written Reports to Adults
- Anonymous Reports: Use our online school website- the “Bully Button”



Cyberbullying



What is Cyber Bullying?

- ⦿ Harassments, Insults, Threats, Name-Calling, etc.
- ⦿ Provoking Fights (flaming)
- ⦿ Gossiping, Spreading Rumors, etc.
- ⦿ Pretending to be Someone Else

Tools Used for Cyber Bullying:

- Cell Phones; Text Messages; Cell Phone Photos
- Instant Message; Email
- Online Games
- Chat Rooms; Blogs
- Profile Pages- including creating a false profile pretending to be someone else
- Sony PlayStation & Xbox Live



Internet Safety Strategies

- ⦿ Know who you are talking with
- ⦿ Don't give out your passwords
- ⦿ Think about what you say on the internet
- ⦿ Do not send or receive pictures without permission from your parent/guardian

Internet Safety Reminder

- Remember once you put something out on the internet, it is there forever.



SJE Mission Statement



Sallie Jones Tigers will be innovative leaders, striving for excellence through high expectations and a **commitment** to success!

Say NO to Bullying!

